

Food Preparation and Nutrition Reading List

Food Preparation and Nutrition		
Read	Watch	Visit
Incredible Edibles by Stefan Gates	Ready Steady Cook	Cadburys World
The missing ingredient by Jenny Linford	Inside the Factory	Open Farm Sunday
Cooked by Michael Pollen	Masterchef	The Food Museum
The Science of Cooking by Stuart Farrimond	Great British Bake Off	Local Supermarket
Spuds, Spam and Eating for Victory by Katherine Knight	BBC Teach Class Clips: Food Preparation and Nutrition	Restaurants and Cafes
One More Croissant for the Road by Felicity Cloake	BBC Gastro Lab	Food Shows